



Crohn's & Colitis AUSTRALIA

ANNUAL REPORT 2012-2013



TABLE OF CONTENTS

CHAIR AND CEO'S REPORT	1
CROHN'S AND COLITIS AUSTRALIA	2
THE YEAR'S HIGHLIGHTS	4
ACHIEVING OUR GOALS	7
OUR SERVICES	9
DONORS & SUPPORTERS	11
FINANCIALS	12

Front cover: CCA Ambassador Brittani Nicholl speaking at the Silver Lining Lunch held at The Quay, Sydney, during Awareness Month. Above: Five-year-old Charli Baker, whose journey with IBD was featured in the Spring 2013 edition of *Inside Insight*.

CHAIR & CEO'S REPORT



**Bernadette Or,
Chair**



**Francesca
Manglaviti, CEO**

The past 12 months have been marked by a number of significant achievements which will set our agenda for the coming years.

SECURING GOVERNMENT FUNDING

Years of government lobbying finally paid off when we received a Victorian Government Health Condition support grant in April 2013. This first government grant for the organisation will allow Crohn's & Colitis Australia to extend its support program into rural and regional Victoria and provide education and support that is missing in these areas. The program will also serve as a pilot program that will be rolled out into other states in due course.

The grant has enabled CCA to employ a dedicated Peer Support Coordinator who will work with regional Victorians to establish volunteer teams to provide support and leadership for those who live with inflammatory bowel disease. CCA will provide the volunteers with training and assistance to establish their own support groups, events and fundraising initiatives.

RAISING AWARENESS

The release of the report *Improving Inflammatory Bowel Disease Care Across Australia* in March 2013 helped identify the financial and human cost of IBD in Australia and the need to construct an evidence base from which to develop nationally consistent responses for the improvement of IBD care. The report, commissioned by Crohn's & Colitis Australia (CCA) with assistance from the PwC Foundation, found that IBD had an annual financial and economic cost of \$3.1 billion. Australia was found to have one of the highest rates of prevalence and incidence of IBD in the

world, with the condition becoming more prevalent, more complex and more severe every year. Currently around 75,000 people are living with IBD; this figure is predicted to increase to 100,000 by 2022.

CONNECTING A GENERATION

Despite its prevalence, people with Crohn's disease and ulcerative colitis are often isolated and reluctant to seek support due to the embarrassing nature of many of the symptoms and side effects of some of the medications. Social media has provided us with new tools to connect with this cohort. Social media, such as Facebook and Twitter, is perceived by many, particularly young people, as a safe and convenient way to reach out to one another, particularly when they are unwell. Over the past year, the number of people 'liking' CCA's Facebook page has tripled, while CCA website visits are up 29 per cent. During Awareness Month CCA connected with 205,590 Twitter accounts and achieved 228,000 views through Facebook. We are continuing to invest in growing these communities as well as developing a new mobile-friendly website.

MAINTAINING FINANCIAL SUSTAINABILITY

Maintaining financial sustainability is crucial to achieving our goals of raising awareness, improving outreach, education and support services for people with IBD and investing in research for a cure. An increase in sponsorship and donation income and reduction in administrative expenses this year saw CCA achieve a surplus above budget and has put us in a strong position for the future. CCA finished the year with a surplus of \$66,464.

Our achievements this year would not have been possible without the support and contribution of many. We take the opportunity to thank our supporters including our parliamentary friends, the Victorian Government, our sponsors, volunteers, staff, Board of Directors and members of the Scientific & Medical Advisory Committee who have contributed to making life more liveable for those with IBD. Last – but not least – we thank our members who live with the challenges of this disease every day and inspire us with their courage and strength.

**Bernadette Or,
Chair**

**Francesca Manglaviti,
Chief Executive Officer**



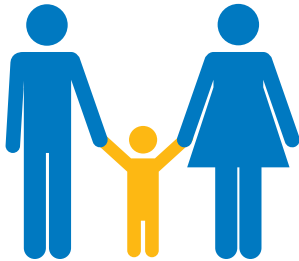
\$3.1 BILLION
ANNUAL FINANCIAL
& ECONOMIC COSTS



75,000
Australians
with IBD



100 MILLION
annual hospital cost



5,200
AUSTRALIANS
DIAGNOSED
WITH IBD
EVERY YEAR



MORE THAN
100,000
AUSTRALIANS EXPECTED
TO BE LIVING WITH IBD
BY **2022**

CROHN'S & COLITIS AUSTRALIA

"Crohn's & Colitis Australia were the people I turned to when I was first diagnosed with ulcerative colitis, as my specialist said they would have all the answers. Eight years on, they are still there to answer my questions, give me a boost, and give me hope for the future."

– Elisse Sutton, CCA member

OUR ORGANISATION

Crohn's & Colitis Australia (CCA) is the peak body representing approximately 75,000 Australians with Crohn's disease or ulcerative colitis. These two conditions are commonly referred to as inflammatory bowel disease (IBD).

We have been supporting Australians with IBD since 1985. For over 28 years, we have helped make life more liveable for those living with IBD, for which there is currently no known cure. We help the IBD community through support services, education, awareness campaigns, and research.

OUR MISSION

To support the Crohn's and colitis community, with a focus on confidential support programs including education, advocacy, counseling, increasing awareness, and generating and utilising funds for research and support.

OUR VISION

Support for today, a cure for tomorrow.

OUR BOARD

CHAIR

Bernadette Or

Bernadette, a CPA, is an experienced senior executive with more than 25 years' experience in not-for-profit organisations. She is currently General Manager of Corporate Services of Job Futures Limited. Previously, Bernadette was CFO/COO of Starlight Children's Foundation, Enterprise and Career Education Foundation, and the Australian Human Resources Institute.

COMPANY SECRETARY

Sophia Tzaferis

Sophia is a chartered accountant and a practicing lawyer. She is a senior taxation specialist with Telstra, and has extensive commercial and consulting experience in the area of taxation. Her other areas of interest include corporations law, general commercial law, and corporate governance.

TREASURER

Jonathan Epstein

Jonathan is co-founder and Director of ECG Advisory Solutions, a boutique government relations and corporate advisory firm. Previously, he was a senior investment analyst in the Future Fund's Property team. Jonathan was also a senior adviser to former Federal Treasurer Peter Costello and has worked in a number of roles related to government policy, including within Commonwealth Treasury and the Victorian Department of Premier and Cabinet.

CEO & DIRECTOR

Francesca Manglaviti

Francesca has held senior positions in not-for-profit, corporate, and government organisations, including Centennial Parklands Foundation, Starlight Children's Foundation Australia, and Olympic Coordination Authority (Sydney 2000). She joined CCA in 2006 as the inaugural CEO to lead the expansion and repositioning of the organisation.

QLD COORDINATOR & DIRECTOR

Anita Reilly

Anita has a long association with CCA, having served in an executive position with CCA Queensland, which merged with CCA in March 2009. Anita, whose son has Crohn's disease, has over two decades of experience working with the IBD community, and in the provision of information and support services. She also manages CCA's IBD helpline.

DIRECTOR

Dr Gregory Moore

Greg is a gastroenterologist specialising in IBD. He founded the Inflammatory Bowel Diseases Unit at Monash Medical Centre in 2006. Greg combines research and clinical trials with teaching in the Department of Medicine at Monash University, in addition to private practice. He is also on the committee of the Australian Inflammatory Bowel Disease Association, the peak body representing IBD specialists.

DIRECTOR

Bruce Tobin

Bruce is a Principal Advisor Media Relations for Rio Tinto, and has 27 years of experience in executive and general management in corporate communications and journalism in Australia.

SCIENTIFIC & MEDICAL ADVISORY COMMITTEE

DR GREGORY MOORE

Representing CCA

Greg is a gastroenterologist specialising in IBD. He founded the Inflammatory Bowel Diseases Unit at Monash Medical Centre in 2006. Greg combines research and clinical trials with teaching in the Department of Medicine at Monash University, in addition to private practice. He is also on the committee of the Australian Inflammatory Bowel Disease Association, the peak body representing IBD specialists.

PROF PETER GIBSON

Representing IBD Australia

Peter is Professor of Medicine at Monash University, Head of the Eastern Health Clinical School, and Director of Gastroenterology & Herpetology, Eastern Health, Victoria. He is also a former president of the Gastroenterological Society of Australia and was the inaugural chairman of IBD Australia.

STEPHANIE BUCKTON

Representing Gastroenterological Nurses College of Australia (GENCA)

Stephanie chairs the GENCA IBD Nurses subgroup and has taken a leading role in the development and support of new IBD nursing positions. She presents extensively on the outcome of the IBD nurse role, both nationally and internationally.

JACI BARRETT

Representing the Dietitians Association of Australia (DAA)

Jaci is an accredited practising dietitian and registered nutritionist. She also works as lecturer at Monash University and conducts IBD-related research trials at Box Hill Hospital.

DR ANDREW LUCK

Andrew is a colorectal surgeon at the Lyell McEwin Hospital (LMH) and in private practice in Adelaide. He is a past Director of Surgery and Head of the Colorectal Unit at LMH. He is also a member of the post Fellowship Training Board in Colorectal Surgery administered by the Colorectal Surgical Society of Australia and New Zealand (CSSANZ) and the Royal Australasian College of Surgeons (RACS), and is currently the Chairman of the CSSANZ Future Directions Committee and the CSSANZ Research Foundation.

THE YEAR'S HIGHLIGHTS

Queensland Youth Camp

This year's youth camp, held in Queensland on 3-4 November 2012, was attended by 23 teens aged 13 to 18. CCA Ambassador Brittani Nicholl also participated and shared her experiences with Crohn's, and her positive approach was an inspiration to the camp participants.



Queensland Youth Camp 2012

"I am so thankful for this experience... I now have a different outlook on life, knowing that I am not the only one who suffers from Crohn's or colitis."

– Queensland Youth Camp participant

Angela McAvoy Fellowship

In November 2012, CCA awarded the second Angela McAvoy AM Research Fellowship to the IBD unit of Monash Medical Centre and Monash University. This enabled the unit to undertake a study entitled *Mesenteric Fat, Adipocytokines and Sarcopenia in Crohn's Disease*, with Dr Gregory Moore as lead researcher.

The significance of the Monash study lies in the increasing numbers of overweight and obese individuals in the Crohn's population. By identifying the role that visceral fat and its metabolic and immunological effects have on Crohn's disease, the study aims to identify new therapeutic targets and biomarkers to predict more severe disease.

The \$150,00 research fellowship was established by CCA in 2009 and is the largest charity-funded IBD fellowship in Australia.

Improving IBD Care

In March 2013, PricewaterhouseCoopers Australia (PwC) released *Improving Inflammatory Bowel Disease Care Across Australia*, a study commissioned by CCA. The report presented an overview of IBD statistics in Australia, investigated the key problems with IBD care models and resources, outlined the potential benefits of addressing key issues, assessed a range of possible interventions in responding to current IBD care problems, and recommended a coordinated approach to creating consistent and evidence-based programs and resources for IBD.

Following are the key findings of the report:

- In Australia, IBD is becoming more prevalent, more complex, and more severe. It affects approximately 1 in 250 individuals aged 5-40. Almost 75,000 Australians have Crohn's disease or ulcerative colitis, with this number projected to increase to 100,000 by 2022.
- Healthcare utilisation and costs are increasing. Direct costs resulting from hospitalisation are also increasing, with a significant cost burden related to healthcare utilisation.
- Care is inconsistent and inadequate. The predominant model of treating only acute IBD flares is at odds with the need for long-term management.
- The benefits of improving IBD care cannot be ignored. Clinics and hospitals that have formalised and coordinated IBD care models have yielded significant benefits to patients, and the models need to be extended to other healthcare institutions.
- There is more work to be done. There is a gap in data and knowledge on patient pathways and outcomes, service coordination, and resources.

The study recommends that a national partnership be formed to conduct an audit of IBD care programs and service resources. It also recommends that CCA seek funding of approximately \$1M over two years to construct an evidence base from which to develop nationally consistent responses for improved IBD care.

The report was sponsored by Shire and AbbVie, and supported by the PwC Foundation.

CCA Wins First Government Grant



The Hon David Davis with Liz Herschell and Emma Herschell

In April 2013, CCA was awarded a \$50,000 grant by the Victorian Department of Health to fund its Volunteer Organising Teams (VOT). This peer-support program will allow volunteers to deliver targeted and relevant services to Victorians living with or affected by Crohn's disease or ulcerative colitis.

Victorian Minister for Health The Hon David Davis, MLC visited CCA in Hawthorn on 26 April 2013 to officially award the grant.

“Peer support organisations make an enormous contribution in helping people manage their chronic health conditions to the best of their ability.”

– The Hon David Davis,
Victorian Minister for Health

“It is very exciting that CCA's support is extending to the regional areas. I can only surmise what it must be like to have IBD in a country town [with no readily available means of support].”

– Liz Herschell, CCA member and support-group pioneer



Silver Lining Lunch prizes and gifts

Awareness Month

Australian Netball Diamonds Captain (now retired) and CCA Ambassador Natalie von Bertouch was the face of this year's national Crohn's and Colitis Awareness Month. Held in May, Awareness Month provides us with an invaluable opportunity to talk about IBD to multiple groups and across various media outlets.



CCA at Parliament House

As part of the Awareness Month program, the Crohn's and Colitis Parliamentary Friendship Group held a cocktail party at Parliament House in Canberra on 27 May. Hosted by The Hon. Bernie Ripoll MP, the PwC report was formally launched by The Hon. Shayne Newmann MP, Parliamentary Secretary for Health and Ageing. Attendees at the function included politicians, health practitioners, and CCA members. Media representatives were also present and Brittani Nicholl's interview was featured on national television through Prime 7 News.

Silver Lining Lunch

Held at the end of Awareness Month, the second Silver Lining Lunch at The Quay restaurant in Sydney was again a successful blend of education on IBD and fundraising for CCA. It was hosted by CCA Ambassador Paula Duncan AM, with Professor Kerry Phelps AM, Dr Susie Connor, Luke Escombe, Brittani Nicholl, and Katrina Chambers as guest speakers. This event raised nearly \$19,000.



EVENT SPONSORS

making life more liveable

Local Champions Program

Launched in May, the Local Champions Program is designed to foster closer relationships between parliamentarians and the IBD community, and eventually exert greater influence over the funding of research and support for IBD.

The program aims to engage as many politicians as possible in support of IBD patients. It is strongly underpinned by the efforts of CCA members, or Local Champions, who are engaging and encouraging their local MPs to take an active role in supporting CCA and IBD in Parliament.

CCA Ambassadors

We have significantly strengthened our relationships with our ambassadors this year, and are grateful to them for taking time out of their busy schedules to support us during Awareness Month.



Brittani Nicholl



Natalie von Bertouch



Luke Escombe



Pete Timbs



Paula Duncan



Katrina Chambers

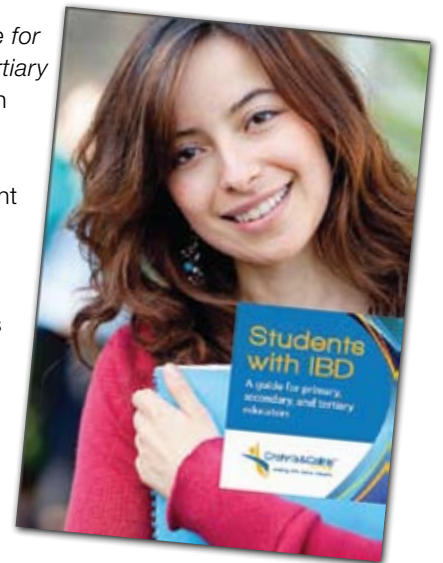
CCA in the Media

In preparation for Awareness Month, we released pre-recorded interviews with Dr Greg Moore and Francesca Manglaviti. These received significant coverage on various media outlets, particularly in regional areas.



Supporting Students With IBD

In May 2013, we launched *Students with IBD: A guide for primary, secondary and tertiary educators*. This information booklet for schools, made possible through an unrestricted education grant by Janssen Australia, aims to help educators support students who have IBD. The goal is to help schools work with the students' families and the students themselves in order to prepare them for higher levels of education and greater independence.



ACHIEVING OUR GOALS

CCA's goals and strategies for 2012/13 revolve around five key goals for the organisation. Here are the achievements that have contributed to meeting these goals during the year.

Snap Shot

OUR KEY GOALS:

EXTENDING OUR REACH
BUILDING PARTNERSHIPS
RAISING AWARENESS

GROWING REVENUE
MAINTAINING STRONG GOVERNANCE

EXTENDING OUR REACH

- Increased the number of support groups nationwide from 17 to 26, and trained 13 new support group facilitators.
- Engaged with 230 volunteers who contributed their time to CCA. As well as members, we had volunteers from the general public and corporate partners including PwC, NAB, NEAMI National and Suncorp.
- Initiated plans for a new Volunteer Organising Team program, which is being piloted in Victoria, to extend the reach of CCA's services to more rural and regional areas.
- Reached out to IBD health professionals including gastroenterologists, IBD nurses, GPs and dieticians with the aim of raising awareness of CCA support services for their patients. We provided health professionals with a range of literature and updates on CCA events such as information forums and support groups in their area.
- Continued to grow the Can't Wait program. Our Can't Wait affiliates allowed access to their toilet facilities in 385 venues throughout Australia. New affiliates this year include Queensland Health, Steve Irons MP – WA, Dancehouse Inc, Next Level Fitness Echuca, Richmond Fellowship QLD and Slick Cuts Hair Design.
- Responded to more than 5,000 phone and email enquiries from members and non-members seeking information on issues including diet, medication, diagnosis and surgery.
- Held a successful youth camp in Queensland attended by 23 teens and CCA Ambassador and champion surfer, Brittani Nicholl.
- Delivered 14 well-attended IBD information forums in hospitals around the country, adding several new locations.
- Attracted 73,130 unique visitors to CCA's website – a 19 per cent increase on 2011/12 – and increased total traffic to the website by 29 per cent.
- Expanded our use of social media, particularly during Awareness Month where we connected with 205,590 Twitter accounts and achieved 228,000 views through Facebook.

GROWING REVENUE

- Secured first government grant of \$50,000 from the Victorian Department of Health for CCA's peer support program.
- Generated \$73,712 through the Tax Appeal – an increase of 50 per cent on 2011/12.
- Changing Lives Challenge participants raised more than \$82,000.
- Fundraising events held by CCA members raised more than \$49,000.
- The Christmas Appeal raised \$36,630 – an increase of 9 per cent on 2011/12.
- Raised almost \$19,000 at the Silver Lining Lunch.
- Received the following grants:
 - \$40,000 from the Gandel Philanthropy Trust as continued support of Dr Peter Cruz's Post-Operative Crohn's Endoscopic Recurrent (POCER) study.
 - \$30,000 from Collier Charitable Fund, used to run IBD forums.
 - \$6,000 from the Pierce Armstrong Foundation to help fund a Volunteer Organising Team in regional Victoria.
 - \$4,000 from Colonial First Bank.

BUILDING PARTNERSHIPS

- Maintained strong ties with federal politicians and educated them about issues relating to IBD through the Parliamentary Friendship Group.
- Implemented a national Local Champions program linking CCA members with their local political representatives.
- Continued to strengthen our partnership with key sponsors and supporters through joint projects to raise awareness and enhance support services.
- Increased engagement with corporate volunteers to reduce overall administrative costs and increase organisational efficiencies.
- Strengthened our networks with key strategic partners by participating in industry forums and events.

MAINTAINING STRONG GOVERNANCE

- Ensured compliance with new Australian Charities and Not-For-Profit Commission requirements.
- Developed robust Board policies and methods.
- Continued strict compliance with all relevant legislative requirements.
- Identified and mitigated organisational risk through reviewing HR practice, business plans and strategic direction.
- Reviewed volunteer policies, procedures and training processes.

RAISING AWARENESS

- Throughout Awareness Month, CCA received extensive television, print, and radio coverage in major media outlets including *Herald Sun*, *The Australian*, *NineMSN*, *SBS World News* and *ABC News Radio*.
- Total media reach (including digital, social and traditional media) approximately 2.7 million.
- Developed and grew our social media presence during Awareness Month, delivering key messages and information to more than 200,000 Twitter and Facebook users whose accounts were previously inaccessible.
- Launched *Improving Inflammatory Bowel Disease Care Across Australia* report at Parliament House in May at an event hosted by The Hon Bernie Ripoll MP. Attendees included The Hon Shayne Newman (Parliamentary Secretary for Health and Ageing) as well as other politicians, health practitioners and CCA members.
- During Awareness Month, IBD information brochures were displayed and available to patients in GP waiting rooms and hospital emergency departments.
- Supported submissions for government to subsidise IBD diagnostic tools and medications including:
 - MRIs relating to Crohn's disease.
 - Capsule Endoscopy (Pill Cam) to investigate the small bowel.
 - Infliximab (Remicade) for treatment of severe acute ulcerative colitis.
- Reviewed, developed and delivered a range of information brochures, booklets, and other publications including the quarterly *Inside Insight* member magazine.

OUR SERVICES

“CCA’s given us and our daughter something that’s invaluable.”

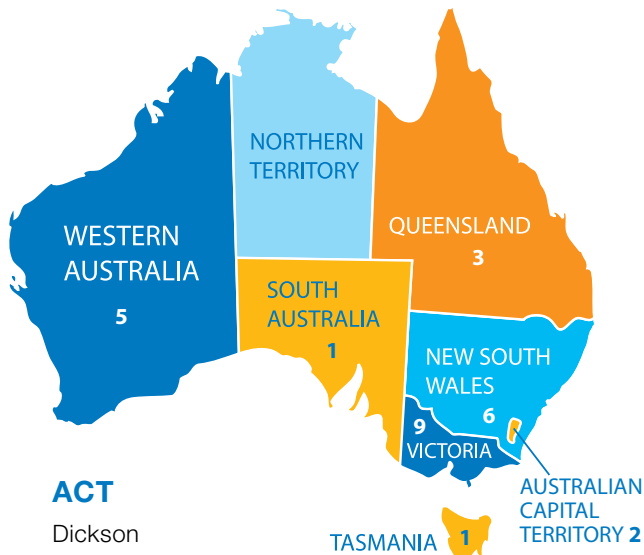
– Rosie, member and parent

CCA provides the following services that help make life more liveable for those living with IBD:

IBD SUPPORT GROUPS

Monthly support-group meetings held across Australia provide participants with a safe and supportive environment to express themselves openly, while receiving support and understanding from others who have had similar experiences.

IBD SUPPORT GROUP LOCATIONS



NSW

Canterbury
Central Coast
Chatswood
Liverpool
Newcastle
Woy Woy

QLD

Brisbane South
Cairns
Townsville

SA

Adelaide

TAS

Hobart

WA

Bassendean
Dianella
Mandurah
Perth
Palmyra

VIC

Beaconsfield
Gisborne
Lilydale
Melbourne (Young Adults)
Melbourne (General)
Mount Waverly
St Kilda
Sandringham
Templestowe

IBD HELPLINE (1800 138 029)

A free service that offers support, information, counseling, and referrals to members and non-members alike. It is headed by Anita Reilly, CCA Queensland Coordinator, who has been providing this service for 24 years.

“There’ve been times when the only thing between me and utter hopelessness was CCA’s IBD Helpline.”

– Jan, caller

ONLINE SUPPORT

CCA WEBSITE

Our online presence is critical to our visibility, and our website is often the first thing people see of our organisation. This year, we started revamping our website to enhance key functionalities and improve overall user experience.

MEMBERS ONLY CHAT FORUM

This members-only section of the CCA website continues to be a useful forum for people living with IBD – and their carers – to discuss issues ranging from diagnosis and diet to medication, surgery, and life challenges.

SOCIAL MEDIA

By engaging in social media, including Facebook and Twitter, we have been able to deliver our key messages to a new audience that we have not previously been able to reach. Our Facebook page attracted almost 2,500 ‘likes’ this year, compared to 882 in 2011/12. During Awareness Month we achieved 228,000 Facebook views. We have also continued to grow our Twitter presence, connecting with 205,590 Twitter accounts during Awareness Month.

Find CCA on Facebook:

[facebook.com/crohnsandcolitis](https://www.facebook.com/crohnsandcolitis)

Follow CCA on Twitter:

twitter.com/ccalBD



making life more liveable

IBD INFORMATION FORUMS

We provide information and support to the IBD community through regular information forums held throughout the country. We are grateful for the support of hospitals, clinicians, specialists and nurses who help us with each event.

CAN'T WAIT PROGRAM

The Can't Wait Card is issued to members of CCA who have been formally diagnosed with Crohn's or ulcerative colitis to help them gain access to a toilet in times of urgency. The condition means that the need for access to a toilet is sometimes extremely urgent and not being able to access one can result in physical pain and embarrassment. This year we added seven new affiliates, bringing the number of venues that allow members to access their toilet facilities in times of urgency to 385. New partners this year include Queensland Health, Steve Irons MP – WA, Dancehouse Inc, Next Level Fitness Echuca, Richmond Fellowship QLD, and Slick Cuts Hair Design.

A complete list of all Can't Wait affiliates is available on the Can't Wait website www.cantwait.net.au



YOUTH CAMPS

CCA's youth camps bring together teenagers living with IBD for three days of fun, adventure, and activities with peers who understand the challenges and complications of living with the condition. Many adolescents with IBD feel isolated from their classmates and are at risk of experiencing depression and anxiety. While some are initially reluctant participants, nearly all leave camp with new friends and a renewed sense of self.

Feedback from this year's camp at Alexandra Headlands, Queensland:

"I wanted to say a BIG THANK YOU for organising such a wonderful camp in Alexandra Headland! Isobel had a fabulous time, and really enjoyed getting to know some great teenagers."

– Kaye Sidler, parent

"Lara had the BEST time even after telling me the day before she wasn't going. I feel she has grown and learnt a lot about herself at camp."

– Larissa Bowen, parent



PUBLICATIONS

INSIDE INSIGHT MAGAZINE

Inside Insight is CCA's quarterly magazine and an important tool in keeping our members updated on news, fundraising events, research development — including medication and treatment — and members' inspiring personal stories.

The magazine is distributed via regular mail to our members, and through the members only section of our website.



"Thank you for putting Inside Insight together. I have been reading the magazine for nearly two decades and I have noticed how it has changed and evolved."

– Deb, Support Group Facilitator

IBD BOOKLETS

We have continued to update and add to our range of literature about living with IBD, including this year publishing *Students with IBD: A guide for primary, secondary and tertiary educators*.

DONORS & SUPPORTERS

Our work would not be possible without the generous support of so many individuals, organisations and businesses. Thank you for helping us make a positive difference to those living with inflammatory bowel disease.

\$50,000	T & M Yencken
\$40,000	Gandel Philanthropy Trust
\$33,000	Country Women's Association of NSW
\$30,000	Collier Charitable Fund
\$25,000	Australian Truck & 4WD Rentals Pty Ltd
\$14,600	Bottoms Up Family Ball
\$12,020	Hickory Group
\$10,000	J Mitchell
\$10,000	Dick & Pip Smith Charitable Foundation
\$10,000	P & H Butts
\$6,000	Pierce Armstrong Foundation
\$5,000	R Cushway & Associates Pty Ltd
\$5,000	D Birner

GOVERNMENT SUPPORT



CORPORATE SUPPORTERS



CORPORATE VOLUNTEERS

National Australia Bank, NEAMI National, PricewaterhouseCoopers, Suncorp

DONORS \$1,000-\$4,999

N Barrow, H Baverstock, P Beattie, J Boladeras, A Burt, E Camarri, Colonial First State, I & E Demeny, M Dodds, I Galloway, S Gatt, S Gluskie, E Gouveia, E Hatzimanolis, Health World Ltd, John Finlay Engineering Pty Ltd, Legends and Heroes, C Long, C Matthews, M McPherson, Melbourne Business Golf Group, Modbury High School, W & P Moran, NPS MedicineWise, Perth Phoenix Lodge, S Robinson, K Rogers, K Sandison, A Saraceni, Steadfast Group Ltd, T Stevens, L Szumowski, The Jackson Foundation, F Zwick.

DONORS \$200 - \$999

K Ahern, Ahrens Engineering Pty Ltd, J Andrews, V Anschau, N Arona, B Arrowsmith, Ausenco, C Azzopardi, Baden J Green Services P/L, K Bailey, Balmoral Excavation & Construction, E Bardoe, H Barsoum, J Becher, M Behling, Benteleigh RSL Women's Auxilliary, J Bernardi, J Bertolini, Z Bhana, Binks Automotive Group Pty Ltd, J Black, Blue Illusion, G Board, M Borg, P Brame, K Briggs, B Burns, C Busby, P Butler, R Cann, L Castleman, Charities Aid Foundation, M Chew, S Chhabra, City of Gosnells, M Clarke, S Cooper, M Cotter, K Coulson, M Cox, A Craig, S Crockett, E Cronin, S Davis, L Dawe, D Demeny, J Dewar, L Doyle, M & L Dumbleton, A Ebner, P Edelmaier, D Edelmaier, A Elvidge, P Farnan, A Featherstone, A Ferencz, A Ferris, M Fitzgerald, M Flynn, K Forrester, L Gatfield, J Gillman, R Gitsham, P Goldsmith, B Gray, S Gray, S Green, C Griffiths, Guildford Grammar School, G Gunn, K Hall, R Haneman, M Harding, J Hayes, J Heidke, S Hibbs, J Higgs, S Hillebrand-Roellgen, M Hockless, J & L Hoelle, V Hoogstad, C Hounsell, L Huxtable, Ipswich City Council, N Ishaq, S Ishaq, R Johnston, F Johnston, P Jolley, P Jones, T Kast, A Kemp, T Kidd, A Kingsford-Smith, K Kong, E Larsen, A Law, J Lee, P Leonard, Lions Australia District 201V5, Lions Club of Jervis Bay, Lions Club of Morayfield & Dist Inc, Lions Club of Queenscliff/ Point Lonsdale Inc, G & A Lord, M Luff, I Mackenzie, F Macrae, P Maguire, L Marks, Mater Adult Hospital, N Matheson, P Matheson, J Maxwell, A McCumstie, L McDowall, Middlemount Golf Club Incorporated, D Minns, C Mitchell, N Mitchell, W Mitchell, T Mora, W & P Moran, M Morcos, S Moyle, Muckerts Sawmill Pty Ltd, S Muscat, C Muscat, B Naider, K Neil, J Neldner, P Norton, T Nuij, P O'Farrell, J Pallister, A Patane, J Peters, T & S Pick, R Phippen, A Plint, A Posney, J Potok, C Pradun, C Pradun, Raine & Horne Bondi Junction, P Re, D Reckenberg, K Redgrave, K Rich, Richmond Fellowship of Queensland, G Rickwood, H Riley, Ritchies Supermarket, D Roach, H Roberts, B Robertson, H Rogers, Rotary Club of Alexandra Headlands, Rotary Club of Hervey Bay Inc, N Schot, B Scott, J Scuglia, D Shafar, D Shanahan, ShareGift Australia, K Sidler, M Sidler, R Singleton, B Sloane, S Smith, J Smith, S Spiers, SQCA & TPR, G Stanzel-Witts, M Stevens, K Stewart, J Suta, S Sutton, P Tarbuck, M Taylor, K Temple, The Canterbury Hurstone Park RSL Darts Club Ltd, B Thomas, K Toirkens, M Toombs, H Tran, N Tsai, Tyeright Port Macquarie, United Way Workplace Giving, C Van der Jagt, M Walker, D Ward, A Waters, M Watkins, J Weldon, A Welyczko, Westpac Group Matched Giving, I Whiting, M Whitten, R Wicksom, G Williams, M Wing, M Winter, V Woodland, Yarrambat Primary School, T & J Young, S Zelnik, A Ziino

IN MEMORIAM DONATIONS

M A Conte, K A Dalton, W Davenport, A Filinis, C Hills, J Koultis, A Landolfi, J Marsm, D Mercer, J Reinders, P A Reich, R Schulz, F Scott, I J Smith, R Taylor, M Wall, S Wilson

IN CELEBRATION DONATIONS

Bec Goldberg, S Inberg, S Jones, M Port, K Skeggs, L Staples

COMMUNITY FUNDRAISING

\$1000-\$4999

F Failla, C Gough, Healthscop Ltd, Shave for a Crohn's Cure, R Warren

Up to \$999

R Andrews, N Hamilton & R Hill, N Hobbs, National Pharmacies, AECOM Perth, R Andrews, P Archer, AWMA Pty Ltd, J Bell, Christ the King Anglican College SRC, Guildford Grammar School, N Hamilton & R Hill, Hasting Old Holdens, N Hobbs, K Honeybul, K Grebert, G Gore, K Ireland, J Katsoulotos, Killarney Vale Pharmacy, S Michel, D Miles, National Pharmacies, Norton Rose Charity Club, Quinns Rock Primary School, M Rayner, A Schmidt, University of Sydney, A Whelan

FINANCIALS

During the financial year CCA:

- Conducted awareness campaigns and educational public meetings in all States.
- Provided information services to members and the general public.
- Provided confidential support services to persons affected by IBD.
- Supported research into IBD.

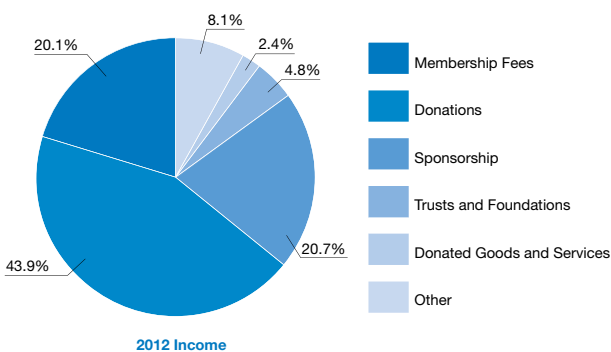
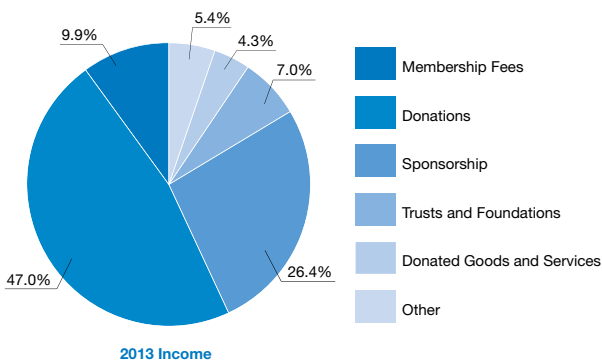
An increase in sponsorship and donation income and a reduction in administrative expenses saw CCA achieve a surplus above budget.

The membership income figures in both 2012 and 2013 have been affected by changes in accounting policy rather than significant shifts in membership numbers.

A full audited financial report is available upon request.

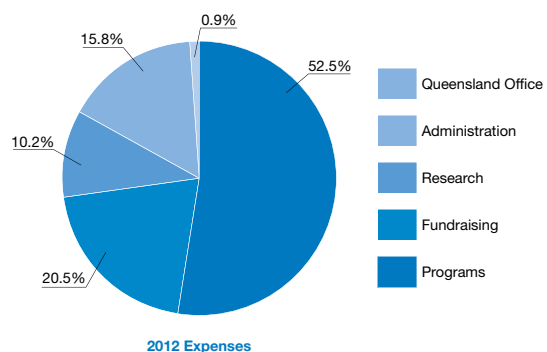
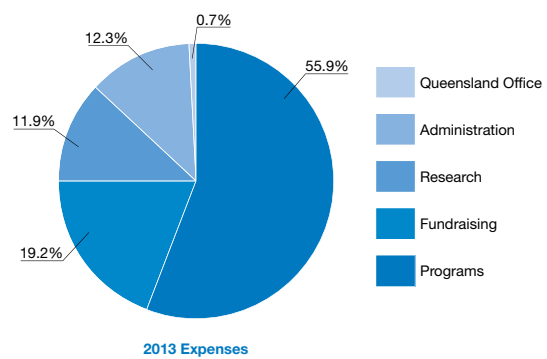
HOW THE FUNDS WERE GENERATED

	2013	2012
	\$	\$
Membership Fees	107,569	212,248
Donations	511,669	462,541
Sponsorship	287,329	218,300
Trusts and Foundations	76,000	50,000
Donated Goods and Services	46,875	24,758
Other	58,114	85,698
Total	1,087,556	1,053,545



HOW THE FUNDS WERE SPENT

	2013	2012
	\$	\$
Programs	564,902	429,971
Fundraising	194,441	167,411
Research	119,947	84,194
Administration	124,712	129,986
Queensland Office	7,302	7,233
Total Expenses	1,011,304	818,795
SURPLUS (DEFICIT) FOR YEAR FROM OPERATIONS	76,252	234,750
Realised/Unrealised Gain/(Loss)	(9,788)	21,570
SURPLUS (DEFICIT) AFTER IMPAIRMENT ASSETS	66,464	256,500



BALANCE SHEET

ASSETS	2013	2012	LIABILITIES	2013	2012
	\$	\$		\$	\$
CURRENT ASSETS			CURRENT LIABILITIES		
Cash Assets	87,105	133,609	Payables and Accruals	55,436	35,846
Prepayments	1,203	1,334	Prepaid Memberships	12,406	0
Receivables	29,338	40,737	Grant in Advance	50,000	0
Bonds/Deposits	7,990	8,670	GST Payable	3,128	5,373
Total Current Assets	125,636	184,350	Other Liabilities	39,244	8,900
NON-CURRENT ASSETS			Total Current Liabilities	160,214	50,119
Investments	913,707	711,249	Total Liabilities	160,214	50,119
Office Equipment	54,418	21,604	NET ASSETS	933,547	867,083
Total Non-Current Assets	968,125	732,853	Equity		
TOTAL ASSETS	1,093,761	917,203	Retained Surpluses	933,547	867,083
			NET EQUITY	933,547	867,083

STATEMENT OF CASH FLOWS

	2013	2012
	\$	\$
CASH FLOWS FROM OPERATING ACTIVITIES		
Receipts from members	119,975	158,275
Receipts from donors and supporters	937,076	708,016
Interest received	27,372	31,301
Other income	27,630	54,399
Payments to suppliers and employees	(901,956)	(755,642)
NET CASH PROVIDED BY/(USED IN) OPERATING ACTIVITIES	210,097	196,349
CASH FLOWS FROM INVESTING ACTIVITIES		
Purchase of property, plant and equipment	(44,354)	(7,575)
Net cash (used in)/provided by investing activities	(212,247)	(218,390)
NET CASH (USED IN)/PROVIDED BY INVESTING ACTIVITIES	(256,601)	(225,965)
Net Increase/(Decrease) in cash held	(46,504)	(29,616)
Cash at the beginning of the financial year	133,609	163,225
CASH AT THE END OF THE FINANCIAL YEAR	87,105	133,609



Crohn's & Colitis

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