

# VOLUNTEERS REQUIRED

We are seeking people living with ACTIVE Crohn's disease to trial new eating plan that may treat Crohn's disease.

**FOR THIS TRIAL WE ARE SEEKING HELP FROM  
people living with Crohn's disease who are experiencing a FLARE**

## WHO ALSO

- ✓ Are aged 18 - 60 years old
- ✓ Have a history of ileal involvement
- ✓ Are not on any restrictive diets  
(including vegetarian/vegan/low FODMAP)
- ✓ are eligible for Medicare

**\*\*\*\*\*Four weeks of food will be provided\*\*\*\*\***



We will be collecting blood, faecal and urine samples at **two** study visits at The Alfred Centre, 99 Commercial Rd, Melbourne.

You will need to complete daily symptom and food diaries.

The research will be conducted by the Department of Gastroenterology, at The Alfred Hospital.

To find out more information about this study,  
Please contact Jessica Fitzpatrick at [jessica.fitzpatrick1@monash.edu](mailto:jessica.fitzpatrick1@monash.edu) or  
call (03) 9903 0397. All information is kept strictly confidential.