

PARTICIPATE IN AN IBD DIET RESEARCH STUDY

HELP ADVANCE
RESEARCH IN DIETARY
TREATMENTS FOR IBD



WHAT IS THIS STUDY ABOUT?

We are surveying patients who have Inflammatory Bowel Disease (including Crohn's Disease and Ulcerative Colitis) to understand their current thoughts on food and a special liquid diet called Exclusive Enteral Nutrition. We are doing this for two reasons:

1. To find out how much patients know about diets and IBD
2. To understand how people would feel being on specialised diets instead of other medications during a flare.

WHAT DO I NEED TO DO?

This short survey should take no more than 10 minutes to complete. We would be very grateful if you could complete the survey so that we can offer the best possible service to our patients. Your responses will remain anonymous.



**SCAN
ME** 

LEAD HOSPITAL

This research is being conducted by the Gastroenterology Department at Blacktown Hospital.

ELIGIBILITY

This study is open to any person over 18 years of age who has been diagnosed with either Crohn's Disease or Ulcerative Colitis.

CONTACT

If you have any questions about the survey, please contact Brook Maguire, Senior Gastroenterology Dietitian at Blacktown Hospital on 0467822888.