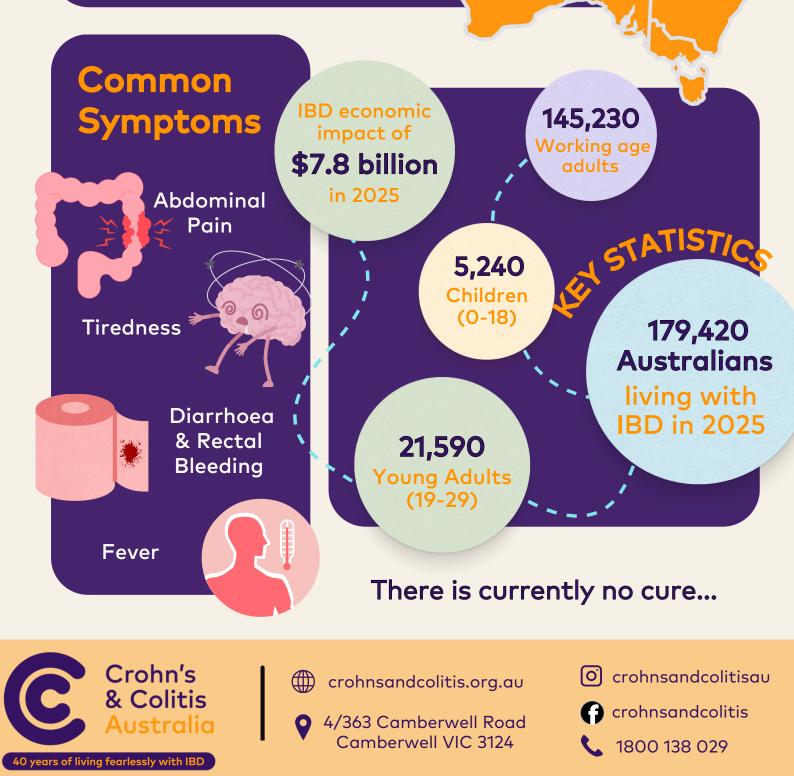
Australia has one of the highest and fastest-growing rates of Inflammatory Bowel Disease (IBD) globally.



## Living with the burden of IBD







Severe fatigue/ multidisciplinary brain fog

Limited support

High mental health burden



5+ years to remission



\$5,900 annual personal burden

# How CCA can help:

Reliable & quality information

Information & education forums

Phone advice: NurseLine & Helpline

Volunteer-led support groups

Youth & children's programs

Advocacy

Community events & fundraising

### Can't Wait Card

**Other CCA** initiatives : live

> Invite the community to get active to help raise awareness and funds

### Educational

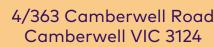
initiative providing health professional training and consumer education on **IBD** care

gut smart

#### Crohn's & Colitis tralia 40 years of living fearlessly with IBD



crohnsandcolitis.org.au



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  - 1800 138 029