



The BABYCINO Study: Dietary Intervention in Pregnant Women with Inflammatory Bowel Disease

We are seeking research participants



Any pregnant woman with Inflammatory Bowel Disease (IBD)



Diet may affect the IBD risk in babies born to mothers with IBD

- Diet can promote “good” bacteria to colonise the gut
- This study evaluates the effect of a dietitian-led optimisation of mothers’ diet, on their babies



Why participate?

- Expert IBD dietitian advice on diet in pregnancy
- Extensive IBD pregnancy medical and nursing support
- Close monitoring of IBD activity including regular bowel ultrasounds



Please contact the BABYCINO Study team

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